

MVHS Band Boosters 1st Annual



BAND AID RUN & WALK

October 1st, 2011 @ Skagit Valley Community College
PLEASE FILL OUT ONE FORM PER PERSON

Make checks payable to: MVHS Band Boosters

Remit to:

Mount Vernon Band Boosters
PO Box 734
Mount Vernon, WA 98273

Registration Received by 9/15

\$20 for Run or walk - No Shirt

\$25 for Run or Walk - w/ Cotton T-Shirt

Registration Received after 9/15 or On Day of Run

\$35 for Run or Walk - No Shirt

(Kids 14 and Under: Free)

Participant First & last Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: (_____) _____ Email: _____

Age (Day of Race): _____

Gender (circle one): M or F

Check Event: _____ 5k Run _____ 10K Run

Adult Shirt Size: (circle): S M L XL XXL **Children Shirt Size:** (circle): S M L

Release: Each undersigned participant, recognizing the hazards attendant to any running event, shall in no way hold the Mount Vernon Band Boosters, Mount Vernon School District, the Skagit Valley Community College, all sponsors, race committee persons, officials and volunteers liable for any injury that might occur during the event. I attest that I am physically fit for participation in this event. I agree to abide by any decision of an appointed medical official relative to my ability to safely continue or complete the run/walk. I further assume and will pay my own medical and emergency expenses in the event of an accident, illness or other incapacity regardless of whether I have authorized such expenses.

Signature (Parent if under 18) _____ Date: _____